## APPENDIX A: Program Information

1. Name of program: <u>Wellness Team / Hepatitis A, B, C Education</u>

2. Is this program evidence based?     ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? <u>Based on the</u> <u>literature research for each program that we offer.</u>

4. What are the participation requirements?
   <u>Open to all participants</u>

   What are the eligibility requirements? Check all that apply.
   ☐ Age                        ☐ Charge Type/Severity
   ☐ Gender                     ☐ Behavior
   ☐ Diagnosis                  ☐ Other:

5. Do some youth have leadership or authority over other youth in the program?
   ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>Threat to safety and security of institution or staff</u>

   b. Are coping skills taught to manage demotion or removal?     ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program?     ☒ Yes ☐ No

8. What is a "successful" completion? <u>Participation throughout the session of the program</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Staff conducting program (Juan Serrano) and officers in unit</u>

   b. Title: <u>Supervisors, Seniors, CDPOII, CDPOI, and Wellness Team Coordinator</u>

10. Are officers involved in all or part of the programming?     ☒ Yes ☐ No

    a. What are their specific roles?
    <u>Probation Staff only monitor safety and security issues</u>

11. Who oversees directly the potential for abuse of power?

    a.  Name: <u>Probation staff and officers</u>

    b.  Title: <u>Facility Watch Commander, Unit Supervisor</u>

12. Is the program contracted out?          ☒ Yes ☐ No

    a.  If yes, who holds the current contract? <u>Rady Children's Hospital San Diego</u>

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
<u>Masters in Public Administration</u>      <u>Bachelors in Public Health</u>
<u>Bachelors in Criminal Justice Administration</u>

14. Who provides supervision for the delivery and fidelity of the program? <u>Wellness Team Program Coordinator</u>

    a.  Is that person on-site at the facility?         ☒ Yes ☐ No

## APPENDIX A:  Program Information

1.  Name of program: <u>Wellness Team / Alcohol Education</u>

2.  Is this program evidence based?  ☒ Yes ☐ No

3.  If yes, how does your facility determine if a program is evidence based? <u>Based on the</u> <u>literature research for each program that we offer.</u>

4.  What are the participation requirements?
    <u>Open to all participants</u>

    What are the eligibility requirements?  Check all that apply.
    ☐ Age                          ☐ Charge Type/Severity
    ☐ Gender                       ☐ Behavior
    ☐ Diagnosis                    ☐ Other:

5.  Do some youth have leadership or authority over other youth in the program?
    ☐ Yes ☒ No

    a.  If yes, what control do they have over other youth? <u>N/A</u>

6.  Removal From Program

    a.  Why would a youth be demoted or removed from the program?
    <u>Threat to safety and security of institution or staff</u>

    b.  Are coping skills taught to manage demotion or removal?  ☒ Yes ☐ No

7.  Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program?  ☒ Yes ☐ No

8.  What is a "successful" completion? <u>Participation throughout the session of the program</u>

9.  Who decides success or removal from the EBP?

    a.  Name: <u>Staff conducting program (Juan Serrano) and officers in unit</u>

    b.  Title: <u>Supervisors, Seniors, CDPOII, CDPOI, and Wellness Team Coordinator</u>

10. Are officers involved in all or part of the programming?  ☒ Yes ☐ No

    a.  What are their specific roles?
    <u>Probation Staff only monitor safety and security issues</u>

11. Who oversees directly the potential for abuse of power?

    a. Name:  Probation staff and officers

    b. Title:   Facility Watch Commander, Unit Supervisor

12. Is the program contracted out?          ☒ Yes ☐ No

    a. If yes, who holds the current contract? Rady Children's Hospital San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
Masters in Public Administration         Bachelors in Public Health
Bachelors in Criminal Justice Administration

14. Who provides supervision for the delivery and fidelity of the program? Wellness Team Program Coordinator

    a. Is that person on-site at the facility?          ☒ Yes ☐ No

## APPENDIX A:  Program Information

1. Name of program: <u>Wellness Team / Sexually Transmitted Infections</u>

2. Is this program evidence based? ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? <u>Based on the</u> <u>literature research for each program that we offer.</u>

4. What are the participation requirements?
   <u>Open to all participants</u>

   What are the eligibility requirements?    Check all that apply.
   ☐ Age                          ☐ Charge Type/Severity
   ☐ Gender                       ☐ Behavior
   ☐ Diagnosis                    ☐ Other:

5. Do some youth have leadership or authority over other youth in the program?
   ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>Threat to safety and security of institution or staff</u>

   b. Are coping skills taught to manage demotion or removal? ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? ☒ Yes ☐ No

8. What is a "successful" completion? <u>Participation throughout the session of the program</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Staff conducting program (Juan Serrano) and officers in unit</u>

   b. Title: <u>Supervisors, Seniors, CDPOII, CDPOI, and Wellness Team Coordinator</u>

10. Are officers involved in all or part of the programming? ☒ Yes ☐ No

    a. What are their specific roles?
    <u>Probation Staff only monitor safety and security issues</u>

11. Who oversees directly the potential for abuse of power?

    a. Name: Probation staff and officers

    b. Title: Facility Watch Commander, Unit Supervisor

12. Is the program contracted out?          ☒ Yes ☐ No

    a. If yes, who holds the current contract? Rady Children's Hospital San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
Masters in Public Administration        Bachelors in Public Health
Bachelors in Criminal Justice Administration

14. Who provides supervision for the delivery and fidelity of the program? Wellness Team Program Coordinator

    a. Is that person on-site at the facility?          ☒ Yes ☐ No

## APPENDIX A:  Program Information

1. Name of program: <u>Wellness Team / Start Smart Program Injury Prevention</u>

2. Is this program evidence based? ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? <u>Based on the literature research for each program that we offer.</u>

4. What are the participation requirements?
   <u>Open to all participants</u>

   What are the eligibility requirements? Check all that apply.

   ☐ Age                              ☐ Charge Type/Severity

   ☐ Gender                           ☐ Behavior

   ☐ Diagnosis                        ☐ Other:

5. Do some youth have leadership or authority over other youth in the program?
   ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>Threat to safety and security of institution or staff</u>

   b. Are coping skills taught to manage demotion or removal? ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? ☒ Yes ☐ No

8. What is a "successful" completion? <u>Participation throughout the session of the program</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Staff conducting program (Juan Serrano) and officers in unit</u>

   b. Title: <u>Supervisors, Seniors, CDPOII, CDPOI, and Wellness Team Coordinator</u>

10. Are officers involved in all or part of the programming? ☒ Yes ☐ No

    a. What are their specific roles?
    <u>Probation Staff only monitor safety and security issues</u>

11. Who oversees directly the potential for abuse of power?

    a. Name: Probation staff and officers

    b. Title: Facility Watch Commander, Unit Supervisor

12. Is the program contracted out?      ☒ Yes ☐ No

    a. If yes, who holds the current contract? Rady Children's Hospital San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
Masters in Public Administration      Bachelors in Public Health
Bachelors in Criminal Justice Administration

14. Who provides supervision for the delivery and fidelity of the program? Wellness Team Program Coordinator

    a. Is that person on-site at the facility?      ☒ Yes ☐ No

## APPENDIX A:  Program Information

1.  Name of program: <u>Wellness Team / Tuberculosis Education</u>

2.  Is this program evidence based?                          ☒ Yes ☐ No

3.  If yes, how does your facility determine if a program is evidence based? <u>Based on the</u>
    <u>literature research for each program that we offer.</u>

4.  What are the participation requirements?
    <u>Open to all participants</u>

    What    are    the    eligibility    requirements?    Check    all    that    apply.

    ☐ Age                                    ☐ Charge Type/Severity

    ☐ Gender                                 ☐ Behavior

    ☐ Diagnosis                              ☐ Other:

5.  Do some youth have leadership or authority over other youth in the program?
                                                        ☐ Yes ☒ No

    a.  If yes, what control do they have over other youth? <u>N/A</u>

6.  Removal From Program

    a.  Why would a youth be demoted or removed from the program?
    <u>Threat to safety and security of institution or staff</u>

    b.  Are coping skills taught to manage demotion or removal?     ☒ Yes ☐ No

7.  Are effective leadership skills taught for youth who are given authority roles with regard
    to other youth in the program?                          ☒ Yes ☐ No

8.  What is a "successful" completion? <u>Participation throughout the session of the program</u>

9.  Who decides success or removal from the EBP?

    a.  Name: <u>Staff conducting program (Juan Serrano) and officers in unit</u>

    b.  Title: <u>Supervisors, Seniors, CDPOII, CDPOI, and Wellness Team Coordinator</u>

10. Are officers involved in all or part of the programming?     ☒ Yes ☐ No

    a.  What are their specific roles?
    <u>Probation Staff only monitor safety and security issues</u>

11. Who oversees directly the potential for abuse of power?

    a.  Name: <u>Probation staff and officers</u>

    b.  Title: <u>Facility Watch Commander, Unit Supervisor</u>

12. Is the program contracted out?                   ☒ Yes ☐ No

    a.  If yes, who holds the current contract? <u>Rady Children's Hospital San Diego</u>

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
<u>Masters in Public Administration</u>       <u>Bachelors in Public Health</u>
<u>Bachelors in Criminal Justice Administration</u>

14. Who provides supervision for the delivery and fidelity of the program? <u>Wellness Team Program Coordinator</u>

    a.  Is that person on-site at the facility?            ☒ Yes ☐ No

## APPENDIX A: Program Information

1. Name of program: <u>Wellness Team / Tobacco Education</u>

2. Is this program evidence based? ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? <u>Based on the</u> <u>literature research for each program that we offer.</u>

4. What are the participation requirements?
<u>Open to all participants</u>

What are the eligibility requirements? Check all that apply.
☐ Age                                  ☐ Charge Type/Severity
☐ Gender                             ☐ Behavior
☐ Diagnosis                         ☐ Other:

5. Do some youth have leadership or authority over other youth in the program?
☐ Yes ☒ No
   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program
   a. Why would a youth be demoted or removed from the program?
   <u>Threat to safety and security of institution or staff</u>

   b. Are coping skills taught to manage demotion or removal? ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? ☒ Yes ☐ No

8. What is a "successful" completion? <u>Participation throughout the session of the program</u>

9. Who decides success or removal from the EBP?
   a. Name: <u>Staff conducting program (Juan Serrano) and officers in unit</u>
   b. Title: <u>Supervisors, Seniors, CDPOII, CDPOI, and Wellness Team Coordinator</u>

10. Are officers involved in all or part of the programming? ☒ Yes ☐ No
   a. What are their specific roles?
   <u>Probation Staff only monitor safety and security issues</u>

11. Who oversees directly the potential for abuse of power?

   a. Name:  Probation staff and officers

   b. Title:   Facility Watch Commander, Unit Supervisor

12. Is the program contracted out?   ⊠ Yes ☐ No

   a. If yes, who holds the current contract? Rady Children's Hospital San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
   Masters in Public Administration          Bachelors in Public Health
   Bachelors in Criminal Justice Administration

14. Who provides supervision for the delivery and fidelity of the program? Wellness Team Program Coordinator

   a. Is that person on-site at the facility?   ⊠ Yes ☐ No

## APPENDIX A:  Program Information

1. Name of program: <u>Wellness Team / Individual Health and Mental Health Issues</u>

2. Is this program evidence based?                    ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? <u>Based on the</u>
   <u>literature research for each program that we offer.</u>

4. What are the participation requirements?
   <u>Open to all participants</u>



   What   are   the   eligibility   requirements?   Check   all   that   apply.

   ☐ Age                                        ☐ Charge Type/Severity

   ☐ Gender                                     ☐ Behavior

   ☐ Diagnosis                                  ☐ Other:

5. Do some youth have leadership or authority over other youth in the program?
                                                              ☐ Yes ☒ No

   a.  If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a.  Why would a youth be demoted or removed from the program?
   <u>Threat to safety and security of institution or staff</u>



   b.  Are coping skills taught to manage demotion or removal?        ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard
   to other youth in the program?                                    ☒ Yes ☐ No

8. What is a "successful" completion? <u>Participation throughout the session of the program</u>

9. Who decides success or removal from the EBP?

   a.  Name: <u>Staff conducting program (Juan Serrano) and officers in unit</u>

   b.  Title: <u>Supervisors, Seniors, CDPOII, CDPOI, and Wellness Team Coordinator</u>

10. Are officers involved in all or part of the programming?          ☒ Yes ☐ No

    a.  What are their specific roles?
    <u>Probation Staff only monitor safety and security issues</u>

11. Who oversees directly the potential for abuse of power?

    a. Name:  Probation staff and officers

    b. Title:   Facility Watch Commander, Unit Supervisor

12. Is the program contracted out?      ☒ Yes ☐ No

    a. If yes, who holds the current contract? Rady Children's Hospital San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
Masters in Public Administration       Bachelors in Public Health
Bachelors in Criminal Justice Administration

14. Who provides supervision for the delivery and fidelity of the program? Wellness Team Program Coordinator

    a. Is that person on-site at the facility?      ☒ Yes ☐ No

**APPENDIX A:  Program Information**

1. Name of program: Treatment Readiness and Induction Program  (TRIP)_____

2. Is this program evidence based?                                        ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? TRIP is based off of the TCU mapping-Enhanced Counseling which is listed in SAHMSA's National Registry of Evidenced-based Practices and Program (NREPP).
_____

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs. TRIP is a mandatory program for all youth committed to the Y.O.U. program.

   _____   _____

   What are the eligibility requirements?  Check all that apply.
   ☒ Age
   ☒ Gender
   ☐ Diagnosis
   ☒ Charge Type/Severity
   ☒ Behavior
   ☒ Other: Commit:  Y.O.U.

5. Do some youth have leadership or authority over other youth in the program?
                                                        ☐ Yes ☒ No

   a. If yes, what control do they have over other youth?  N/A _____
   _____

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality.  Youth are provided 1 warning once they have violated a group norm, given a warning card, and then if violate a group norm again are asked to leave the group session.

   _____   _____

   b. Are coping skills taught to manage demotion or removal?         ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A                         ☐ Yes ☐ No

8. What is a "successful" completion? TRIP consists of 8 modules and would require completion of all 8 modules for successful completion. The 8 modules can be completed within 8 weeks, 1 hour sessions per week.

9. Who decides success or removal from the EBP?

   a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

   b. Title: Program Manager: Gina Dauzat

10. Are officers involved in all or part of the programming? ☒ Yes ☐ No

   a. What are their specific roles? Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

11. Who oversees directly the potential for abuse of power?

   a. Name: Program Manager, Unit Supervisor, Facility Watch Commander

   b. Title: Program Manager: Gina Dauzat

12. Is the program contracted out? ☒ Yes ☐ No

   a. If yes, who holds the current contract? Second Chance

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
The TRIP program can be facilitated by any counselor or therapist that has successfully been educated on TCU- Mapping Enhanced Counseling. No specific training is required for successful facilitation of the program. Adhering to the TRIP manual is essential .

14. Who provides supervision for the delivery and fidelity of the program?
Program Manager Second Chance, Gina Dauzat LMFT 93515, Program Coodinator, William Mitchell

   a. Is that person on-site at the facility? ☒ Yes ☐ No

**APPENDIX A: Program Information**

1. Name of program:  Seeking Safety

2. Is this program evidence based?  ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? Seeking Safety is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).

4. What are the participation requirements?
   Youth must attend and participate in all mandatory programs. Seeking Safety is a mandatory program for all youth committed to the Y.O.U. program.

   What are the eligibility requirements?  Check all that apply.
   ☒ Age
   ☒ Gender
   ☐ Diagnosis
   ☒ Charge Type/Severity
   ☒ Behavior
   ☒ Other: Commit:  YOU

5. Do some youth have leadership or authority over other youth in the program?
   ☐ Yes ☒ No

   a.  If yes, what control do they have over other youth?  N/A

6. Removal From Program

   a.  Why would a youth be demoted or removed from the program?
   Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality.  Youth are provided 1 warning once they have violated a group norm and  given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

   b.  Are coping skills taught to manage demotion or removal?  ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A  ☐ Yes ☐ No

8. What is a "successful" completion? Seeking Safety consists of 25 topics, each focusing on an effective coping skill. Youth participate in Seeking Safety program on a weekly basis for 1 hour inside the Bravo unit. The group is an open format and has no end. Successful completion would consist of attending and participating in the group as required while housed inside the Bravo unit.

9. Who decides success or removal from the EBP?

   a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

   b. Title: Program Manager, Gina Dauzat

10. Are officers involved in all or part of the programming?  ☒ Yes ☐ No

   a. What are their specific roles? Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

   Who oversees directly the potential for abuse of power?

   b. Name: Program Manager, Unit Supervisor, Facility Watch Commander

   c. Title: Program Manager, Gina Dauzat

11. Is the program contracted out?  ☒ Yes ☐ No

   a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
   In order to Facilitate Seeking Safety it is required counselors successfully attend and complete a one day training.

13. Who provides supervision for the delivery and fidelity of the program?
   Program Manager Second Chance, Gina Dauzat, Program Coordinator, William Mitchell

   a. Is that person on-site at the facility?  ☒ Yes ☐ No

**APPENDIX A:  Program Information**

1. Name of program:  <u>Moral Recognition Therapy (MRT)</u>

2. Is this program evidence based?  ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? <u>Moral Reconation Therapy (MRT) is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).</u>

4. What are the participation requirements?
   <u>Youth must attend and participate in all mandatory programs. MRT is a mandatory program for all youth committed to the Y.O.U. program.</u>

   What are the eligibility requirements?  Check all that apply.

   ☒ Age

   ☒ Gender

   ☐ Diagnosis

   ☒ Charge Type/Severity

   ☒ Behavior

   ☒ Other: Commit:  YOU

5. Do some youth have leadership or authority over other youth in the program?
   ☒ Yes ☐ No

   a. If yes, what control do they have over other youth? <u>Youth who have successfully passed steps within the program (12 steps total) can vote on the successful completion or failing of steps for youth entering into the program and who are on lower level steps.</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality.  Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.</u>

   b. Are coping skills taught to manage demotion or removal?  ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program?  ☒ Yes ☐ No

8. What is a "successful" completion? MRT consists of 12 steps, each requiring the youth to successfully pass the requirements of the step before advancing to the next. Youth participate in MRT program on a weekly basis for 1 hour per week inside the Alpha unit. Successful completion would consist of attending and participating in the group as required and successfully passing all 12 steps. Timing varies per youth.

9. Who decides success or removal from the EBP?

   a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

   b. Title: Program Manager, Gina Dauzat

10. Are officers involved in all or part of the programming? ☒ Yes ☐ No

   a. What are their specific roles? a.    Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs. MRT also requires youth to complete community services hours outside of program time. Unit officers/staff can facilitate and supervise these community service hours and sign off on their successful completion.

   Who oversees directly the potential for abuse of power?

   b. Name: Program Manager, Unit Supervisor, Facility Watch Commander

   c. Title: Program Manager, Gina Dauzat

11. Is the program contracted out? ☒ Yes ☐ No

   a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
   In order to Facilitate MRT it is required counselors successfully attend and complete a four day training and receive certification.

13. Who provides supervision for the delivery and fidelity of the program?
   Program Manager Second Chance, Gina Dauzat,  Program Coordinator, William Mitchell

   a. Is that person on-site at the facility? ☒ Yes ☐ No

**APPENDIX A:  Program Information**

1.  Name of program:  <u>Curriculum-Based Motivation Group</u>

2.  Is this program evidence based?                   ☒ Yes ☐ No

3.  If yes, how does your facility determine if a program is evidence based? <u>Curriculum-Based Motivation Group is based off of the conversational approach, Motivational Interviewing which is listed in SAHMSA's National Registry of Evidenced-based Practices and Programs (NREPP).</u>

4.  What are the participation requirements?
    <u>Youth must attend and participate in all mandatory programs. Curriculum-based Motivation Group is a mandatory program for all youth committed to the Y.O.U. program.</u>

    What are the eligibility requirements?  Check all that apply.

    ☒ Age

    ☒ Gender

    ☐ Diagnosis

    ☒ Charge Type/Severity

    ☒ Behavior

    ☒ Other: Commit:  YOU

5.  Do some youth have leadership or authority over other youth in the program?
                                                                 ☐ Yes ☒ No

    a.  If yes, what control do they have over other youth? <u> N/A</u>

6.  Removal From Program

    a.  Why would a youth be demoted or removed from the program?
    <u>Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality.  Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.</u>

    b.  Are coping skills taught to manage demotion or removal?         ☒ Yes ☐ No

7.  Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A                              ☐ Yes ☐ No

8.  What is a "successful" completion? <u>Curriculum-based Motivation Group consists of 5 topics, each of which is delivered during a 1 hour session once per week. Youth</u>

successfully complete the program once they have attended and participated in all 5 topics.

9. Who decides success or removal from the EBP?

   a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

   b. Title: Program Manager, Gina Dauzat

10. Are officers involved in all or part of the programming?  ☒ Yes ☐ No

   a. What are their specific roles? Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

   Who oversees directly the potential for abuse of power?

   b. Name: Program Manager, Unit Supervisor, Facility Watch Commander

   c. Title: Program Manager, Gina Dauzat

11. Is the program contracted out?  ☒ Yes ☐ No

   a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
   No specific training is required for counselor or therapists to successfully facilite Curriculum-based Motivation Group. Adherence to the group manual is essential in fidelity of the program delivery.

13. Who provides supervision for the delivery and fidelity of the program?
   Program Manager Second Chance, Gina Dauzat, Program Coordinator, William Mitchell

   a. Is that person on-site at the facility?  ☒ Yes ☐ No

**APPENDIX A: Program Information**

1. Name of program: <u>Life Skills</u>

2. Is this program evidence based?  ☐ Yes ☒ No

3. If yes, how does your facility determine if a program is evidence based? <u>Life Skills is based off of best practices and is not evidenced based.</u>

4. What are the participation requirements?
<u>Youth must attend and participate in all mandatory programs. Life Skills is a mandatory program for all youth committed to the Y.O.U. program.</u>

   What are the eligibility requirements? Check all that apply.

   ☒ Age

   ☒ Gender

   ☐ Diagnosis

   ☒ Charge Type/Severity

   ☒ Behavior

   ☒ Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program?
   ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.</u>

   b. Are coping skills taught to manage demotion or removal?  ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A  ☐ Yes ☐ No

8. What is a "successful" completion? <u>Life Skills consists of 16 topics, each of which is delivered during a 1 hour session once per week. Youth successfully complete the program once they have attended and participated in all 16 sessions.</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command</u>

b. Title: Program Manager, <u>Gina Dauzat</u>

10. Are officers involved in all or part of the programming? ☒ Yes ☐ No

    a. What are their specific roles? Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

Who oversees directly the potential for abuse of power?

    b. Name: <u>Program Manager, Unit Supervisor, Facility Watch Commander</u>

    c. Title: Program Manager, <u>Gina Dauzat</u>

11. Is the program contracted out? ☒ Yes ☐ No

    a. If yes, who holds the current contract? <u>Second Chance</u>

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
<u>No specific training is required for counselor or therapists to successfully facilitate Life Skills. Adherence to the group manual is essential in providing best practices.</u>

13. Who provides supervision for the delivery and fidelity of the program?
<u>Program Manager Second Chance, Gina Dauzat, Program Coordinator, William Mitchell</u>

    a. Is that person on-site at the facility? ☒ Yes ☐ No

**APPENDIX A:  Program Information**

1.  Name of program:  <u>Work Readiness</u>

2.  Is this program evidence based?  ☐ Yes ☒ No

3.  If yes, how does your facility determine if a program is evidence based? <u>Work Readiness is based off of best practices and is not evidenced based.</u>

4.  What are the participation requirements?
    <u>Youth must attend and participate in all mandatory programs. Work Readiness is a mandatory program for all youth committed to the Y.O.U. program.</u>

    What are the eligibility requirements?  Check all that apply.

    ☒ Age

    ☒ Gender

    ☐ Diagnosis

    ☒ Charge Type/Severity

    ☒ Behavior

    ☒ Other: Commit:  YOU

5.  Do some youth have leadership or authority over other youth in the program?
    ☐ Yes ☒ No

    a.  If yes, what control do they have over other youth?  <u>N/A</u>

6.  Removal From Program

    a.  Why would a youth be demoted or removed from the program?
    <u>Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality.  Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.</u>

    b.  Are coping skills taught to manage demotion or removal?  ☒ Yes ☐ No

7.  Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A  ☐ Yes ☐ No

8.  What is a "successful" completion? <u>Work Readiness consists of 8 topics, each of which is delivered during a 1 hour session once per week. Youth successfully complete the program once they have attended and participated in all 8 sessions. A certificate is issued once youth have successfully completed the program.</u>

9.  Who decides success or removal from the EBP?

    a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

    b. Title: Program Manager, Gina Dauzat

10. Are officers involved in all or part of the programming? ☒ Yes ☐ No

    a. What are their specific roles?  Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

    b. Who oversees directly the potential for abuse of power?

    c. Name: Program Manager, Unit Supervisor, Facility Watch Commander

    d. Title: Program Manager, Gina Dauzat

11. Is the program contracted out? ☒ Yes ☐ No

    a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
No specific training is required for counselor or therapists to successfully facilitate Work Readiness. Adherence to the group manual is essential in providing best practices.

13. Who provides supervision for the delivery and fidelity of the program?
Program Manager Second Chance, Gina Dauzat, Program Coordinator, William Mitchell

    a. Is that person on-site at the facility? ☒ Yes ☐ No

**APPENDIX A:  Program Information**

1. Name of program:  TCU- Mapping Enhanced Counseling

2. Is this program evidence based?                    ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? TCU-Mapping Enhanced Counseling is used with each youth in individual counseling or small group sessions. TCU-Mapping Enhanced Counseling is listed in SAHMSA's National registry of Evidenced-based Practices and Programs (NREPP).

4. What are the participation requirements?
Youth must attend and participate in all mandatory programs and counseling sessions. TCU-Mapping Enhanced Counseling is a mandatory program requirement for all youth committed to the Y.O.U. program.

   What are the eligibility requirements?  Check all that apply.

   ☐ Age

   ☐ Gender

   ☐ Diagnosis

   ☒ Charge Type/Severity

   ☒ Behavior

   ☒ Other: Commit:  YOU

5. Do some youth have leadership or authority over other youth in the program?
                                                                    ☐ Yes ☒ No

   a.  If yes, what control do they have over other youth?  N/A

6. Removal From Program

   a.  Why would a youth be demoted or removed from the program?
   Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality.  Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.

   b.  Are coping skills taught to manage demotion or removal?          ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A                    ☐ Yes ☐ No

8. What is a "successful" completion? Upon commitment to the YOU program youth are assessed utilizing the TCU CEST/CTS. Scores from these assessments indicate areas of concern which will be addressed using TCU-Mapping Enhanced Counseling. Successful

completion would require youth to complete all TCU-Mapping Enhanced Counseling Modules listed as required to address all areas of concern.

9. Who decides success or removal from the EBP?

   a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

   b. Title: Program Manager, Gina Dauzat

10. Are officers involved in all or part of the programming?  ☒ Yes ☐ No

   a. What are their specific roles? Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

   Who oversees directly the potential for abuse of power?

   b. Name: Program Manager, Unit Supervisor, Facility Watch Commander

   c. Title: Program Manager, Gina Dauzat

11. Is the program contracted out?  ☒ Yes ☐ No

   a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
   TCU- Mapping Enhanced Counseling does not require a specific training for counselors, however, adherence to the manuals and understanding of the interventions is essential.

13. Who provides supervision for the delivery and fidelity of the program?
   Program Manager Second Chance, Gina Dauzat, Program Coordinator, William Mitchell

   a. Is that person on-site at the facility?  ☒ Yes ☐ No

**APPENDIX A:  Program Information**

1. Name of program:  Literacy Program

2. Is this program evidence based?                                     ☐ Yes ☒ No

3. If yes, how does your facility determine if a program is evidence based? The Literacy
Program is not evidenced based.

4. What are the participation requirements?
Youth's literacy and comprehension skills are assessed upon commitment to the YOU
unit. Passing grade includes receiving above an 80% on the TABE assessment. Those
who score 80% or below receive literacy services for an hour a week until able to
successfully re-test and obtain a passing score on the TABE.

   What are the eligibility requirements?  Check all that apply.

   ☐ Age

   ☐ Gender

   ☐ Diagnosis

   ☐ Charge Type/Severity

   ☐ Behavior

   ☒ Other: Commit:  YOU, Literacy Score on TABE assessment

5. Do some youth have leadership or authority over other youth in the program?
                                                                          ☐ Yes ☒ No

   a.  If yes, what control do they have over other youth?  N/A

6. Removal From Program

   a.  Why would a youth be demoted or removed from the program?
   Youth would be removed from a group/program due to violating the Group Norms which
   were established at the beginning of the group. These Norms include: No Put Downs, No
   Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving
   Others a Chance to Speak, No Glorifying, and Respecting Confidentiality.  Youth are
   provided 1 warning once they have violated a group norm and given a warning card. If
   the youth violates an additional group norm they are asked to leave the group session.

   b.  Are coping skills taught to manage demotion or removal?          ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard
to other youth in the program? N/A                                      ☐ Yes ☐ No

8. What is a "successful" completion? The Literacy program requires youth to attend
literacy services at least one hour per week. Youth are tested upon entry into the YOU

unit and once they receive above an 80% on the TABE have successfully completed the literacy program. A certificate is awarded upon completion.

9. Who decides success or removal from the EBP?

   a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

   b. Title: Program Manager, Gina Dauzat

10. Are officers involved in all or part of the programming?  ☒ Yes ☐ No

   a. What are their specific roles? Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

   Who oversees directly the potential for abuse of power?

   b. Name: Program Manager, Unit Supervisor, Facility Watch Commander

   c. Title: Program Manager, Gina Dauzat

11. Is the program contracted out?  ☒ Yes ☐ No

   a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
   Literacy Program is facilitated by the Reading Specialist.

13. Who provides supervision for the delivery and fidelity of the program?
   Program Manager Second Chance, Gina Dauzat, Program Coordinator, William Mitchell

   a. Is that person on-site at the facility?  ☒ Yes ☐ No

**APPENDIX A: Program Information**

1. Name of program: <u>Vocational Training Certification Courses (Southwestern College)</u>

2. Is this program evidence based? ☐ Yes ☒ No

3. If yes, how does your facility determine if a program is evidence based? <u>Vocational Education courses are not evidenced based.</u>

4. What are the participation requirements?
<u>Youth must attend and participate in all mandatory programs and counseling sessions. Attending Southwestern College Vocational Education Courses is a mandatory program requirement for all youth committed to the Y.O.U. program.</u>

What are the eligibility requirements? Check all that apply.

☐ Age

☐ Gender

☐ Diagnosis

☐ Charge Type/Severity

☐ Behavior

☒ Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program?
☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.</u>

   b. Are coping skills taught to manage demotion or removal? ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A ☐ Yes ☐ No

8. What is a "successful" completion? <u>During the Southwestern College semester a series of vocational training courses are offered to all YOU youth in the program. Successful completion of these course would require attendance and participation in the courses and for some courses(CPR/Food Handlers) a successful completion of an exam.</u>

9. Who decides success or removal from the EBP?

    a. Name: <u>Second   Chance   Program   Manager   in   collaboration   with   Unit</u>
<u>Supervisor/Watch Command</u>

    b. Title: Program Manager, <u>Gina Dauzat</u>

10. Are officers involved in all or part of the programming?     ☒ Yes ☐ No

    a. What are their specific roles?  Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

    b. Who oversees directly the potential for abuse of power?

    c. Name: Program Manager, Unit Supervisor, Facility Watch Commander

    d. Title: Program Manager, <u>Gina Dauzat</u>

11. Is the program contracted out?     ☒ Yes ☐ No

    a. If yes, who holds the current contract?<u> Second Chance</u>

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
<u>Vocational Education Courses are provided by Southwestern College employed</u>
<u>instructors.</u>

13. Who provides supervision for the delivery and fidelity of the program?
<u>Program Manager Second Chance, Gina Dauzat, Program Coordinator, William Mitchell</u>

    a. Is that person on-site at the facility?     ☒ Yes ☐ No

**APPENDIX A: Program Information**

1. Name of program: <u>Violator Specific Programming</u>

2. Is this program evidence based? ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? <u>Violator Specific Programming utilizes curriculum from the Straight Ahead program which is based off of TCU-Mapping Enhanced Counseling. TCU-Mapping Enhanced Counseling is listed in SAHMSA's National registry of Evidenced-based Practices and Programs (NREPP).</u>

4. What are the participation requirements?
<u>Youth who have returned to the facility for a probation violation must attend and participate in all mandatory programs and counseling sessions. Violator Specific Programming a mandatory program requirement for all Violators in the Y.O.U. program.</u>

   What are the eligibility requirements? Check all that apply.
   ☐ Age
   ☐ Gender
   ☐ Diagnosis
   ☒ Charge Type/Severity
   ☒ Behavior
   ☒ Other: Commit: YOU

5. Do some youth have leadership or authority over other youth in the program?
☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>Youth would be removed from a group/program due to violating the Group Norms which were established at the beginning of the group. These Norms include: No Put Downs, No Threats of any Kind, Staying on Topic, No Horse Play, No Side Conversations, Giving Others a Chance to Speak, No Glorifying, and Respecting Confidentiality. Youth are provided 1 warning once they have violated a group norm and given a warning card. If the youth violates an additional group norm they are asked to leave the group session.</u>

   b. Are coping skills taught to manage demotion or removal? ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A ☐ Yes ☐ No

8. What is a "successful" completion? Upon returning to custody for a violation youth are sentenced to a specific amount of time. Youth in custody for a violation will remain in the violator specific program until they are released.

9. Who decides success or removal from the EBP?

    a. Name: Second Chance Program Manager in collaboration with Unit Supervisor/Watch Command

    b. Title: Program Manager, Gina Dauzat

10. Are officers involved in all or part of the programming?      ☒ Yes ☐ No

    a. What are their specific roles? Officers are informed of the program schedule and have a basic understanding of the program topics and targeted behaviors. Officers assist with motivating youth to participate as well enforcing participation in the programs.

    Who oversees directly the potential for abuse of power?

    b. Name: Program Manager, Unit Supervisor, Facility Watch Commander

    c. Title: Program Manager, Gina Dauzat

11. Is the program contracted out?      ☒ Yes ☐ No

    a. If yes, who holds the current contract? Second Chance

12. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
    TCU- Mapping Enhanced Counseling does not require a specific training for counselors, however, adherence to the manuals and understanding of the interventions is essential.

13. Who provides supervision for the delivery and fidelity of the program?
    Program Manager Second Chance, Gina Dauzat, Program Coordinator, William Mitchell

    a. Is that person on-site at the facility?      ☒ Yes ☐ No

## APPENDIX A:  Program Information

1. Name of program:     Aggression Replacement Training (A.R.T.)

2. Is this program evidence based?  ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based? Youth receive assessments throughout their time in programming. The program is curriculum based, with a curriculum founded on study results.

4. What are the participation requirements?
   Be respectful                                    Show understanding of material
   Actively participate in discussions
   Complete assignments

   What are the eligibility requirements?  Check all that apply.

   ☐ Age                              ☒ Charge Type/Severity

   ☐ Gender                           ☒ Behavior

   ☐ Diagnosis                        ☐ Other:

5. Do some youth have leadership or authority over other youth in the program?
   ☐ Yes ☒ No

   a.  If yes, what control do they have over other youth? N/A

6. Removal From Program

   a.  Why would a youth be demoted or removed from the program?
   Behavior Issues                              Refusal to participate
   Inappropriate conversations/comments
   Peer Issues

   b.  Are coping skills taught to manage demotion or removal?  ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program?  ☒ Yes ☐ No

8. What is a "successful" completion? Actively participate, show understanding, and complete 10 sessions of programming.

9. Who decides success or removal from the EBP?

   a.  Name: Rhea Webb

   b.  Title:     Program Educator(s), MHRS

10. Are officers involved in all or part of the programming?  ☐ Yes ☒ No

   a.  What are their specific roles?
   Probation staff only monitor security issues.

11. Who oversees directly the potential for abuse of power?

    a.  Name: Probation Staff

    b.  Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out?        ☒ Yes ☐ No

    a.  If yes, who holds the current contract? SAY San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
SAY staff must have a bachelor's degree and have prior work experience with at-risk youth. Additional on-going training is required.

14. Who provides supervision for the delivery and fidelity of the program? The SAY San Diego program Manager, Jennifer Johnson.

    a.  Is that person on-site at the facility?        ☐ Yes ☒ No

## APPENDIX A:  Program Information

1.  Name of program:     Criminal Conduct and Substance Abuse (C.C.S.A)

2.  Is this program evidence based?                              ☒ Yes ☐ No

3.  If yes, how does your facility determine if a program is evidence based? Youth receive assessments throughout their time in programming to determine learning. The program is curriculum based, with a curriculum founded on study results.

4.  What are the participation requirements?
    Be respectful                                           Show understanding of material
    Actively participate in discussions
    Complete assignments

    What    are    the    eligibility    requirements?    Check    all    that    apply.

    ☐ Age                                        ☒ Charge Type/Severity

    ☐ Gender                                     ☒ Behavior

    ☐ Diagnosis                                  ☐ Other:

5.  Do some youth have leadership or authority over other youth in the program?
                                                                    ☐ Yes ☒ No

    a.  If yes, what control do they have over other youth? N/A

6.  Removal From Program

    a.  Why would a youth be demoted or removed from the program?
    Behavior Issues                                       Refusal to participate
    Inappropriate conversations/comments
    Peer Issues

    b.  Are coping skills taught to manage demotion or removal?      ☒ Yes ☐ No

7.  Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program?                              ☒ Yes ☐ No

8.  What is a "successful" completion? Actively participate, show understanding, and complete 10 sessions of programming.

9.  Who decides success or removal from the EBP?

    a.  Name: Rhea Webb

    b.  Title:     Program Educator(s), MHRS

10. Are officers involved in all or part of the programming?         ☐ Yes ☒ No

    a.  What are their specific roles?
    Probation staff only monitor security issues.

11. Who oversees directly the potential for abuse of power?

    a.  Name: Probation Staff

    b.  Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out?        ☒ Yes ☐ No

    a.  If yes, who holds the current contract? SAY San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
SAY staff must have a bachelor's degree and have prior work experience with at-risk youth. Additional on-going training is required.

14. Who provides supervision for the delivery and fidelity of the program? The SAY San Diego program Manager, Jennifer Johnson
    a.  Is that person on-site at the facility?        ☐ Yes ☒ No

## APPENDIX A:  Program Information

1.  Name of program:     Life Skills

2.  Is this program evidence based?                    ☒ Yes ☐ No

3.  If yes, how does your facility determine if a program is evidence based? Youth receive assessments throughout their time in programming. The program is curriculum based, with a curriculum founded on study results.

4.  What are the participation requirements?
    Be respectful                                        Show understanding of material
    Actively participate in discussions
    Complete assignments

    What are the eligibility requirements?    Check all that apply.

    ☐ Age                                        ☒ Charge Type/Severity

    ☐ Gender                                    ☒ Behavior

    ☐ Diagnosis                                ☐ Other:

5.  Do some youth have leadership or authority over other youth in the program?
                                                           ☐ Yes ☒ No

    a.  If yes, what control do they have over other youth? N/A

6.  Removal From Program

    a.  Why would a youth be demoted or removed from the program?
    Behavior Issues                                    Refusal to participate
    Inappropriate conversations/comments
    Peer Issues

    b.  Are coping skills taught to manage demotion or removal?        ☒ Yes ☐ No

7.  Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program?                                   ☒ Yes ☐ No

8.  What is a "successful" completion? Actively participate, show understanding, and complete 10 sessions of programming.

9.  Who decides success or removal from the EBP?

    a.  Name: Rhea Webb

    b.  Title:     Program Educator, MHRS

10. Are officers involved in all or part of the programming?        ☐ Yes ☒ No

    a.  What are their specific roles?
    Probation staff only monitor security issues.

11. Who oversees directly the potential for abuse of power?

    a.  Name: Probation Staff

    b.  Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out?         ☒ Yes ☐ No

    a.  If yes, who holds the current contract? SAY San Diego

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
SAY staff must have a bachelor's degree and have prior work experience with at-risk youth. Additional on-going training is required.

14. Who provides supervision for the delivery and fidelity of the program? The SAY San Diego program Manager, Jennifer Johnson.

    a.  Is that person on-site at the facility?         ☐ Yes ☒ No

## APPENDIX A:  Program Information

1. Name of program:  <u>Reading Legacies</u>

2. Is this program evidence based? ☒ Yes ☐ No

3. If yes, how does your facility determine if a program is evidence based?_____
   <u>Surveys are collected by the detainees and their family members.  Survey results are collected and reported to the Probation Department, monthly, quarterly and annually.</u>

4. What are the participation requirements?
   <u>They must have a younger family member with whom they can read, such as a sibling, cousin, niece or nephew (or their own child).  There cannot be any restraining orders in place that will prevent them from being in contact with the child to whom they are reading.</u>

   What are the eligibility requirements?        Check   all   that   apply.

   ☐ Age                                  ☐ Charge Type/Severity
   ☐ Gender                               ☐ Behavior
   ☐ Diagnosis                            ☒ Other: <u>Voluntary</u>

5. Do some youth have leadership or authority over other youth in the program?
                                                      ☐ Yes ☒ No

   a.  If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a.  Why would a youth be demoted or removed from the program?
   <u>Removal from the program only happens if the youth are not following instructions or become disruptive during the class. The youth are reminded at the beginning of the class of their behavior expectation to participate in the program and are given every opportunity to succeed.</u>

   b.  Are coping skills taught to manage demotion or removal? ☐ Yes ☒ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A ☐ Yes ☒ No

8. What is a "successful" completion? <u>Youth attend the 45-minute workshop and learn about the importance of reading to younger children as a positive role modeling experience.  Youth are then able to select a child's book to read aloud while being recorded on DVD.  The book and DVD are then sent home after materials have been inspected by the Probation Department. This is a voluntary one-time session with an option to repeat for youth that have younger siblings or children themselves.</u>

9. Who decides success or removal from the EBP?

   a. Name: Probation staff and Program provider

   b. Title: Supervisors, CDPOIIs and CDPOIs and Reading Legacies trained volunteers

10. Are officers involved in all or part of the programming?　　　☐ Yes ☒ No

    a. What are their specific roles?
    Probation Staff only monitor security issues.

11. Who oversees directly the potential for abuse of power?

    a. Name: Probation Staff

    b. Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out?　　　☒ Yes ☐ No

    a. If yes, who holds the current contract? Reading Legacies

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
    Reading Legacies volunteers are cleared through the Probation Department and attend basic security/crossing the line training with the department.  Additional training is also provided by Reading Legacies.  All volunteers are also in compliance with monthly PREA modules.

14. Who provides supervision for the delivery and fidelity of the program? The President of Reading Legacies, CEO, Betty Mohlenbrock.

    a. Is that person on-site at the facility?　　　☐ Yes ☒ No

## APPENDIX A: Program Information

1. Name of program: Running Club Program

2. Is this program evidence based?                    ☐ Yes ☒ No

3. If yes, how does your facility determine if a program is evidence based? N/A

4. What are the participation requirements?
   Volunteers
   No Violent Behavior in unit
   Participate in Physical Conditioning

   What are the eligibility requirements?        Check all that apply.

   ☐ Age                          ☐ Charge Type/Severity

   ☐ Gender                       ☒ Behavior in Unit Alpha

   ☐ Diagnosis                    ☒ Other: Commitment to YOU

5. Do some youth have leadership or authority over other youth in the program?
                                                      ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? N/A

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   If they demonstrate violent or non-compliant behavior
   If they demonstrate risk of escape

   b. Are coping skills taught to manage demotion or removal?        ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program?  N/A        ☐ Yes ☐ No

8. What is a "successful" completion? If youth remain in the program and display dedication, they participate in Half-Marathon Community races/events

9. Who decides success or removal from the program?

   a. Name: Brian Day

   b. Title: Supervising Probation Officer

10. Are officers involved in all or part of the programming?        ☒ Yes ☐ No

    a. What are their specific roles?
    Trainers

Mentors

Safety and security

11. Who oversees directly the potential for abuse of power?

    a.  Name: <u>Mindy McCartney</u>

    b.  Title: <u>Division Chief</u>

12. Is the program contracted out? ☐ Yes ☒ No

    a.  If yes, who holds the current contract? <u>N/A</u>

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
<u>N/A, facilitated by Sworn Officers</u>

14. Who provides supervision for the delivery and fidelity of the program?
15. <u>Supervising Probation Officer Brian Day</u>

    a.  Is that person on-site at the facility? ☒ Yes ☐ No

**APPENDIX A: Program Information**

1. Name of program: <u>Prison Rape Elimination Act (PREA)</u>

2. Is this program evidence based?                                    ☐ Yes ☒ No

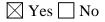3. If yes, how does your facility determine if a program is evidence based? <u>N/A</u>

4. What are the participation requirements?
<u>All youth must attend PREA education program once a week.</u>

   What   are   the   eligibility   requirements?   Check   all   that   apply.

   ☐ Age                                        ☐ Charge Type/Severity

   ☐ Gender                                     ☐ Behavior

   ☐ Diagnosis                                  ☒ Other: <u>All youth must attend</u>

5. Do some youth have leadership or authority over other youth in the program?
                                                                  ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>A youth would be removed for inappropriate or violent behavior.</u>

   b. Are coping skills taught to manage demotion or removal?        ☐ Yes ☒ No

7. Are effective leadership skills taught for youth who are given authority roles with regard
   to other youth in the program? N/A                               ☐ Yes ☒ No

8. What is a "successful" completion? <u>This is an on-going educational program for every
   youth in the facility.</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Probation staff</u>

   b. Title: <u>Supervisors, CDPOIIs and CDPOIs</u>

10. Are officers involved in all or part of the programming?        ☒ Yes ☐ No

    a. What are their specific roles?
    <u>Probation Staff facilitate the entire education program</u>

    11. Who oversees directly the potential for abuse of power?

      a. Name: <u>Facility Watch Commander and PREA Compliance Manager: Jennie Rathbun</u>

   b. Title:<u> Supervising Probation Officer</u>

12. Is the program contracted out?         ☐ Yes ⊠ No

   a. If yes, who holds the current contract? <u>N/A</u>

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
<u>None</u>

14. Who provides supervision for the delivery and fidelity of the program?
<u>PREA compliance manager</u>

   a. Is that person on-site at the facility?      ⊠ Yes ☐ No

**APPENDIX A:  Program Information**

1. Name of program: <u>Anger Management</u>

2. Is this program evidence based?                    ☐ Yes ☒ No

3. If yes, how does your facility determine if a program is evidence based? <u>N/A</u>

4. What are the participation requirements?
   <u>All youth must attend an education program once a week.</u>

   What are the eligibility requirements?        Check all that apply.

   ☐ Age                              ☐ Charge Type/Severity

   ☐ Gender                           ☐ Behavior

   ☐ Diagnosis                        ☒ Other: <u>All youth must attend</u>

5. Do some youth have leadership or authority over other youth in the program?
                                                         ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>A youth would be removed for inappropriate or violent behavior.</u>

   b. Are coping skills taught to manage demotion or removal?        ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A                    ☐ Yes ☒ No

8. What is a "successful" completion? <u>This is an on-going educational program for every youth in the facility.</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Probation staff</u>

   b. Title: <u>Supervisors, CDPOIIs and CDPOIs</u>

10. Are officers involved in all or part of the programming?        ☒ Yes ☐ No

    a. What are their specific roles?
    <u>Probation Staff facilitate the entire education program</u>

    11. Who oversees directly the potential for abuse of power?

       a. Name: <u>Probation staff</u>

      b.  Title: <u>Facility Watch Commander, Unit Supervisor and Facility Division Chief</u>

12. Is the program contracted out?        ☐ Yes ☒ No

    a.  If yes, who holds the current contract? <u>N/A</u>

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
<u>None</u>

14. Who provides supervision for the delivery and fidelity of the program?
<u>Unit Supervisor and CDPOII's</u>

    a.  Is that person on-site at the facility?       ☒ Yes ☐ No

**APPENDIX A:  Program Information**

1. Name of program: <u>Chemical Dependency Program</u>

2. Is this program evidence based?  ☐ Yes ☒ No

3. If yes, how does your facility determine if a program is evidence based? <u>N/A</u>

4. What are the participation requirements?
<u>All youth must attend an education program once a week.</u>

   What are the eligibility requirements?  Check all that apply.

   ☐ Age                          ☐ Charge Type/Severity

   ☐ Gender                       ☐ Behavior

   ☐ Diagnosis                    ☒ Other: <u>All youth must attend</u>

5. Do some youth have leadership or authority over other youth in the program?
   ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>A youth would be removed for inappropriate or violent behavior.</u>

   b. Are coping skills taught to manage demotion or removal?  ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A  ☐ Yes ☒ No

8. What is a "successful" completion? <u>This is an on-going educational program for every youth in the facility.</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Probation staff</u>

   b. Title: <u>Supervisors, CDPOIIs and CDPOIs</u>

10. Are officers involved in all or part of the programming?  ☒ Yes ☐ No

    a. What are their specific roles?
    <u>Probation Staff facilitate the entire education program</u>

    11. Who oversees directly the potential for abuse of power?

       a. Name: <u>Probation staff</u>

     b.  Title: Facility Watch Commander, Unit Supervisor and Facility Division Chief

12. Is the program contracted out?        ☐ Yes ☒ No

    a.  If yes, who holds the current contract? N/A

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
None

14. Who provides supervision for the delivery and fidelity of the program?
Unit Supervisor and CDPOII's

    a.  Is that person on-site at the facility?       ☒ Yes ☐ No

**APPENDIX A:  Program Information**

1. Name of program: <u>Literacy</u>

2. Is this program evidence based? ☐ Yes ☒ No

3. If yes, how does your facility determine if a program is evidence based? <u>N/A</u>

4. What are the participation requirements?
<u>All youth must attend an educational literacy program 1-2 times a week.</u>

   What are the eligibility requirements? Check all that apply.

   ☐ Age                 ☐ Charge Type/Severity

   ☐ Gender            ☐ Behavior

   ☐ Diagnosis         ☒ Other: <u>All youth must attend</u>

5. Do some youth have leadership or authority over other youth in the program?
☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>A youth would be removed for inappropriate or violent behavior.</u>

   b. Are coping skills taught to manage demotion or removal? ☐ Yes ☒ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A ☐ Yes ☒ No

8. What is a "successful" completion? <u>This is an on-going educational program for every youth in the facility.</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Probation staff</u>

   b. Title: <u>Supervisors, CDPOIIs and CDPOIs</u>

10. Are officers involved in all or part of the programming? ☒ Yes ☐ No

    a. What are their specific roles?
    <u>Probation Staff facilitate the entire educational program</u>

    11. Who oversees directly the potential for abuse of power?

       a. Name: <u>Probation staff</u>

      b.  Title: <u>Facility Watch Commander, Unit Supervisor and Facility Division Chief</u>

12. Is the program contracted out?         ☐ Yes ☒ No

      a.  If yes, who holds the current contract? <u>N/A</u>

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
<u>None</u>

14. Who provides supervision for the delivery and fidelity of the program?<u>Unit Supervisor and CDPOII's</u>

      a.  Is that person on-site at the facility?         ☒ Yes ☐ No

**APPENDIX A: Program Information**

1. Name of program: <u>Personal Responsibility</u>

2. Is this program evidence based?                    ☐ Yes ☒ No

3. If yes, how does your facility determine if a program is evidence based? <u>N/A</u>

4. What are the participation requirements?
   <u>All youth must attend an education program once a week.</u>

   What are the eligibility requirements? Check all that apply.

   ☐ Age                             ☐ Charge Type/Severity

   ☐ Gender                          ☐ Behavior

   ☐ Diagnosis                       ☒ Other: <u>All youth must attend</u>

5. Do some youth have leadership or authority over other youth in the program?
                                                      ☐ Yes ☒ No

   a. If yes, what control do they have over other youth? <u>N/A</u>

6. Removal From Program

   a. Why would a youth be demoted or removed from the program?
   <u>A youth would be removed for inappropriate or violent behavior.</u>

   b. Are coping skills taught to manage demotion or removal?     ☒ Yes ☐ No

7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A                          ☐ Yes ☒ No

8. What is a "successful" completion? <u>This is an on-going educational program for every youth in the facility.</u>

9. Who decides success or removal from the EBP?

   a. Name: <u>Probation staff</u>

   b. Title: <u>Supervisors, CDPOIIs and CDPOIs</u>

10. Are officers involved in all or part of the programming?     ☒ Yes ☐ No

    a. What are their specific roles?
    <u>Probation Staff facilitate the entire education program</u>

    11. Who oversees directly the potential for abuse of power?

        a. Name: <u>Probation staff</u>

    b. Title: Facility Watch Commander, Unit Supervisor and Facility Division

12. Is the program contracted out?           ☐ Yes ☒ No

    a. If yes, who holds the current contract? N/A

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
None

14. Who provides supervision for the delivery and fidelity of the program?
Unit Supervisor and CDPOII's

    a. Is that person on-site at the facility?         ☒ Yes ☐ No